



## **Week 1 Appointment Postoperative Instructions**

- Some packing will be removed from your ear canal during the appointment.
- There is typically no pain during the packing removal, just a tugging sensation.
- You will continue to use the eardrops that you were prescribed twice a day until your follow up appointment. It is normal for much of the drops to come out after placing it, and don't be surprised if there is some bloody or blood-tinged drainage, especially after the packing is removed during your appointment.
- Your next appointment will be about 3-4 weeks from this time
- Your ear is still packed with dissolvable packing. Much of this packing will disappear as you use the eardrops. The remaining packing will be removed on your next appointment.
- You can anticipate that your ear will remain plugged or partially plugged until your next appointment in 3-4 weeks.
- It is normal for your ear to feel numb at this time if an incision was made behind your ear. Over the next several months, you will notice "pins and needles" over the ear itself and the eventual return of sensation over the ear..
- You will also notice rushing of fluid and odd sounds in your ear as the packing inside of the middle ear dissolves. This is expected.
- You should continue to keep your ear dry during showering. You can accomplish this by placing a cotton ball in the opening of your ear and using Vaseline on the outside of this to create a barrier to the water.
- All sutures behind your ear are dissolvable and do not need removal.
- You should not place any foreign objects, including earplugs and Q-tips, into your ear canal.
- It is a good idea to place a cotton ball in the ear opening after using the drops to prevent drainage of the drops onto your clothes. This cotton ball can be removed after some time and the ear exposed to the outside air.
- If there are any questions or concerns before your next scheduled appointment, please do not hesitate to call our appointment.

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